



SACRED HEART PARISH

Sunday 24th May 2026

Pentecost Sunday



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm, Mon, Tues, Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~

Saturday Vigil: 6.00pm: Vigil	Myrtle Saunders, 1st Anniversary Mass
Sunday Masses: 9:30am:	Brian Skillen, Anniversary Mass
11:30am:	Fr Clements McManus, Anniversary Mass
Weekday Masses: Tuesday 7:00pm: Novena	William Mallaghan, Month's Mind Mass
Wednesday 10.00am:	The McMullan & Beagan Families, Mass

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Sacrament of Marriage~

Please contact the Parish Office to arrange.

~Upcoming Feast Days~

25th May
St. Mary Magdalene de Pazzi

27th May
St Augustine of Canterbury

29th May
St Paul VI

~Recently Deceased~



Mark Begley
Paddy Shannon
Betty Murray
Daniel Devlin
Rosina Noble

Eternal rest grant unto them, O Lord

~Anniversaries~

Sarah & John Madden



Eternal rest grant unto them, O Lord

~Sanctuary Candles~



A Donation of £5 per candle is greatly appreciated



~Weekly Collection~

£1177.37

~Education of Student Priests~

£297.92

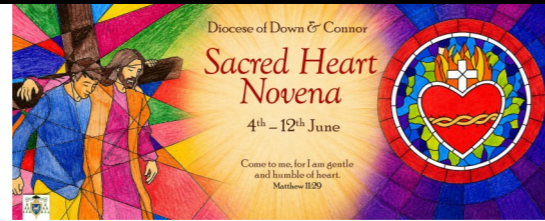
The Parish Thanks You
For Your Kindness And Generosity

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY



SACRED HEART NOVENA
We are very please that Bishop Alan will celebrate Mass here in Sacred Heart Church to begin The Sacred Heart Novena on Thursday 4th June at 10am

Pope Leo's Prayer Intentions for 2026

May: That everyone might have food.

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food and to ensure that everyone has access to quality food.

Amen

Taizé Prayer Around the Cross. You are warmly invited to Taizé Prayer Around the Cross, Friday 29th May, 8-9pm, Holy Family Church, Limestone Road. This is an opportunity to take time out to pray with the beautiful Taizé chants and to be still. Everyone is welcome, come along and bring your friends. Refreshments will be served afterwards in the Gathering Space.

Stanton Pregnancy Care Belfast will host an Information Afternoon Tea after 1pm Mass on Thursday 28th May, at St. Mary's, Chapel Lane. Donations will help provide support to women with unexpected pregnancies. All welcome. For more Information please call 028 9033 2882.

The Chosen, Fridays (May & June): The Belfast Jesuit Centre will host a weekly screening of *The Chosen* (Season 1) at 10.45am. Tea/coffee -10.45am—episode beginning 11am sharp, followed by short Examen and discussion. Ends 12.15pm, mass at 12.30pm. All welcome. To register visit: www.belfastjesuitcentre.co.uk

LET GO, LET GOD (Surrender to Jesus). 1-Day, Tobar Mhuire Retreat Centre Crossgar. Sat 6th June 10am-4pm. Registration (tea/coffee/biscuits) 9.40am. Morning Break (tea/coffee/biscuits) & lunch provided. 3 Themed sessions, group discussions & time for individual reflection. £30. To book (only 40 available) call 02844 830242. Name/mobile/email details will be required. 9am mass optional.



**Diocese of Down and Connor
 Three Day Pilgrimage**
 LED BY BISHOP ALAN MCGUCKIAN SJ AND JIM DEEDS
Friday 19th – Sunday 21st June 2026
 Cost: £100pp
 (Includes Island admission and bus transfers)
 For further information and bookings contact:
 NAME: Claire
 Tel: 028 90690920
 Email: pathwaystothefuture@downandconnor.org



The Belfast Jesuit Centre invites you to join our next Faith & Film gathering. *The Tree of Life*, a poetic, visually stunning meditation on family, creation, loss, and the search for meaning. Thursday 28th May at 7pm - followed by a short, reflective discussion. Everyone welcome. Small donation suggested.

First Saturday Devotions will take place in Holy Family Church, Limestone Road, 6th June. 10am - Adoration of the Blessed Sacrament, Confessions and Act of Consecration, Rosary and Divine Mercy Chaplet. 11am, Holy Sacrifice of the Mass. All welcome.

Encounter Weekend. Radisson Blu Hotel, Letterkenny. 6pm -10.30pm, Friday 5th & 9am-10.30pm, Saturday 6th June. Experience God's presence through the Sacraments, spirit-led worship, inspiring talks, healing service, and fellowship. Be refreshed and empowered by the Holy Spirit, learn from the Saints how to live the lifestyle God intended for you. Keynote Speakers: Patrick Reis of Encounter Ministries USA & Fr. Patrick Gonyeau, the Missionaries of the Precious Blood in Ohio. For more info, email donegal@encounterschool.org. To Book: <https://encounterschoolofministrydoneg.regfox.com/encounter-conference-donegal>

Walk in the footsteps of our Patron Saint. St Patrick's Way Pilgrim Walk in Downpatrick with guide Mairead Sweeney on Sat 4 July and Martina Purdy and Elaine Kelly on Sat 8 August. Begin at the Centre with the fabulous 180° IMAX film of St Patrick. Price includes entrance fees, internal bus transfers, pilgrimage lunch at Saul Barn, stamped Camino passport and 6 mile pilgrimage walk finishing at Saint Patrick's grave. (Duration 9am-3pm, all just £55) To book: 02844619000 www.saintpatrickcentre.com

Anyone interested in joining the **Parish Safeguarding Committee**, please leave your name and contact details with the office.

Chatty Café. Open Wednesday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.

The Spred Group meet every second Monday in the Parish Hall at 7pm.

The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

Lifeline-24hr 7 days a week 0808 808 8000
Samaritans anytime night or day 116 123
St Vincent De Paul 028 90351561
Cancer Lifeline 028 90 351999
AA 02890351222

AI-Anon Family Groups 028 9068 2368
PIPS 0800 088 6042
Youth Education Health Advise 02890 757 809
Diocesan Safeguarding Officer Philip O'Hara 07534 992 124

Summer Singing Course. If you know of any young person who would benefit from this course, please let the office know as the parish will pay the fees.

Sacred Heart of Jesus, I place all my trust in Thee